

ARKANSAS TRACK & FIELD CAMP

Please note: You may register through our secure website at www.arkansastrackcamps.com

Name _____

Birth date ____/____/____

Address _____

City _____ ST _____ Zip _____

Grade Entering _____ Age _____

School _____

Phone _____

Email _____

Emergency Contact _____

Emergency Phone _____

Allergies _____

Current Medications _____

T-Shirt Size _____

Events _____ PB _____

Events _____ PB _____

Camp fees: \$100

There is no charge for parents or coaches. Enrollment is limited, early registration is advisable. Payment must be received in full to guarantee your enrollment. There will be a \$25 processing fee on all refunds and cancellations. There is a \$20 processing fee for all returned checks. Refunds will only be given for medical reasons when accompanied with a letter from your physician.

Checks should be made payable to:

TG Athletics, LLC

Mail application, medical release form, and payment to:

**Arkansas Track & Field Camp
10 S. Razorback Road
Fayetteville, AR 72701**

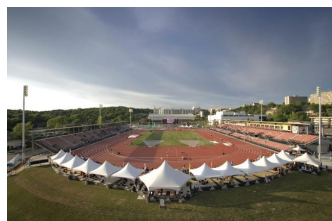
For questions or additional information please contact Lora Nanak @ (479) 575-6384 or (479) 422-7891.



RANDAL TYSON

TRACK & FIELD CENTER

One of the best indoor facilities in the world, the Tyson Center has been the home of the NCAA Men's and Women's Indoor Track & Field Championships since its completion in the winter of 2000. The six-lane banked oval has been touted by insiders and the casual fan as perhaps the fastest indoor track in the world thanks to its steep curves and long straightaways and the numbers back it up as 11 of 20 NCAA Championship running records have been broken on its surface.



JOHN MCDONNELL FIELD

Home to the most successful program in NCAA history, John McDonnell Field has been transformed into one of the top outdoor track and field facilities in the nation. Named for legendary head coach John McDonnell, the winner of 42 NCAA national championships, the facility is one of only two IAAF Class 1 certified track and field complexes in the U.S. and the first such facility on a collegiate campus.

Participants are not contracting with the University of Arkansas or the State of Arkansas with regard to participating in this camp, and the University of Arkansas do not run or have any responsibility for the camp."

ARKANSAS



ALL SPORTS SPEED and CONDITIONING CAMP

**SATURDAY
JAN. 3, 2015
1:00 pm TO 5:00 pm**



www.ArkansasTrackCamps.com

(479) 575-6384

**Designed to help all athletes in
the sports of Track & Field,
Football, Basketball, Soccer,
Baseball, Softball and Volleyball.**

Date: Sat., Jan. 3, 2015

Time: 1:00 pm to 5:00 pm

**Place: Randall Tyson Indoor
Track and Complex**

**Who: ALL male/female
Athletes 6th grade and up**

Cost: \$100 per athlete
Registration deadline: December 27th
\$125 after Dec. 27, 2015

CAMP FEATURES

EACH ATHLETE WILL RECEIVE

- ♦ A dynamic warm up routine that promotes recruitment of fast twitch muscle fibers.
- ♦ Small group instruction and video analysis from camp counselors.
- ♦ Knowledge of training

SPEED . . . POWER . . . AND EXPLOSION!

The Arkansas All Sports Speed & Conditioning Camp is designed to help all athletes in the sports of: Track & Field, Football, Basketball, Soccer, Baseball and Volleyball. Use Arkansas's world class sprinting and jumping training techniques to improve sprinting and jumping mechanics and ability. These training techniques will help improve your block start, 40 yard dash, speed on the soccer field, time from home plate to first base as well as your jumping ability and quickness for basketball and volleyball.

LEARN FROM THE BEST



Arkansas Speed and Conditioning camp director Travis Geopfert has coached numerous world class track and field athletes including: Olympians, World Champion Qualifiers, NCAA National Champions, SEC Champions, All Americans and Junior American and World Record Holders. The Arkansas student-athlete counselors boast numerous National Champion and All American Honors. Their knowledge, experience and ability to demonstrate can help you reach your potential for your individual sport.

ARKANSAS ALL SPORTS SPEED & CONDITIONING CAMP

MEDICAL RELEASE

I hereby certify that, _____ is
CAMPER'S NAME
physically fit to attend and participate in the Arkansas Track & Field Camp, and know of no impairments that would limit his/her participation in all activities of the camp.

This medical certification requires a doctor's signature or the camp may use his/her 2012-2013 form required by his/her public or private school. However, no camper will be allowed to participate without a doctor's written permission.

Doctor's Signature _____

Date _____

I, _____, hereby authorize the staff of
Name of Parent or Guardian
the Arkansas Track & Field Camp to act for me according to my best judgment in any emergency requiring medical attention. I hereby release the said camp from any and all liability for any injuries incurred while at the camp. Insurance is provided. Furthermore, as the parent/guardian of the above named camper, I acknowledge that I am contracting with the Arkansas Track & Field Camp and not the University of Arkansas or any entity of the State of Arkansas.
Signature of Parent/Guardian _____

MEDIA RELEASE

I, _____, give permission for my child,
NAME OF PARENT/GUARDIAN
_____, to be photographed while attending
NAME OF CHILD
the Arkansas Track & Field Camp. I hereby acknowledge that these photographs belong to TG Athletics and I understand that TG Athletics may use these photographs for the purpose of education and promotion of future camps. By signing this form I have agreed that my child may be photographed by camp personnel for use in all camp projects and advertisements.

_____, Yes, my child may be photographed

Signature of Parent/Guardian _____ Date _____

_____, No, my child may not be photographed

Signature of Parent/Guardian _____ Date _____

Sports Camp/Clinic Waiver

RELEASE, INDEMNIFICATION, AND HOLD HARMLESS AGREEMENT

In consideration for the Camper being permitted to participate in the Arkansas Track & Field Camp from June 28 - 30, 2013 ("Activity"), the undersigned, acting on behalf of ourselves and our child, and any heirs or assigns, hereby waive and release forever any and all rights for claims and damages we and/or our child/guardian may have against the Board of Trustees of the University of Arkansas, its current and former Trustees, officers, agents, employees, and the Camp, and the Camp's owners, officers, agents and employees, from and against any and all liability for any harm, injury, damage, claims, demands, actions, costs, and expenses of any nature which we or our child may have or which may hereafter accrue to our child, arising out of or related to any loss, damage, or personal injury (including, without limitation, death), that may be sustained by our child at any Activity, or to any property belonging to child, whether caused by negligence or carelessness on the part of the Board of Trustees of the University of Arkansas, its current and former Trustees, officers, agents, employees, or the Camp, and the Camp's owners, officers, agents and employees or otherwise, while our child is in, on, upon, or in transit to or from the premises where the Activity, or any adjunct to the Activity, occurs or is being conducted.

We accept, understand, and assume that there is a risk of injury in this Activity, due to the physical and athletic nature of the Activity, including, but not limited to, falls, contact with other participants, and running drills. The Camper agrees to follow all instructions and to wear all necessary, recommended, and appropriate protective gear and equipment.

We understand that this Activity is neither administered nor sponsored by the Board of Trustees of the University of Arkansas and that the Camp is providing the instruction and camp Activities outside the scope of any affiliation with the University of Arkansas. We agree on behalf of ourselves, our Camper, and any heirs or assigns to release, hold harmless, and indemnify the Board of Trustees of the University of Arkansas, its current and former Trustees, officers, agents, employees, or the Camp, and the Camp's owners, officers, agents and employees from and against any and all claims and liability or damages of any kind or nature whatsoever arising out of or relating to the Activity.

Printed Name of the Camper: _____

Signature of Camper: _____

If the Camper is a minor under the age of eighteen (18), signature of Parent(s) or Guardian(s) is required:

Signature of Parent or Guardian: _____

Address & Telephone Number: _____