

ARKANSAS®

2019 Cross Country Camp Schedule

Thursday July 11th, 2019:

- 12:00 pm- 1:00 pm: Camp Registration- John McDonnell Field (Outdoor Track Address, 10 S. Razorback Road, Fayetteville, AR)
- 1:00 pm: Camp Welcome/Team Introductions (divide campers up into groups)
- 1:15 pm-4:00 pm: Session I
- 4:00 pm- 4:45pm: Guest Speaker
- 5:00 pm: End of Day 1- Parent Pick-up (Outdoor Track, John McDonnell Field)

Friday, July 12th, 2019:

- 9:00 am: Drop-off (Outdoor Track, John McDonnell Field)
- 9:15 am: Bus to Lake Fayetteville (Veterans Memorial Park)
- 9:30 am- 12:00 pm: Session II
- 12:00 pm- 1:00 pm: Lunch Break at Pavilion (Chick-Fil-A)
- 1:00 pm- 2:30 pm: Session III
- 2:30 pm: Depart Lake Fayetteville for Indoor Track
- 3:00 pm- 3:30pm: Guest Speaker at Indoor Track
- 3:30 pm- 4:30 pm: Session IV
- 4:30 pm: Distance Counselor Panel Discussion
- 5:00 pm: End of Day 2- Parent Pick-up @ Indoor Track

Saturday, July 13th, 2019:

- 9:00 am: Drop-off (Outdoor Track)
- 9:15 am: Bus to XC Course (Agri Park)
- 9:30 am- 11:30 am: Session V: Cross Country Meet (Several different race distances offered to meet the needs of campers)
- 11:45 am: Return to Outdoor Track, John McDonnell Field
- 12:00 pm- 1:00pm: Camp Awards on infield of Outdoor Track, John McDonnell Field

